Hen Weekends **Itinerary** 

Exeter's location on the River Exe and surrounded by miles of Devon countryside means there are plenty of opportunities for adventure and relaxation here. Whether you're looking for a pampering weekend of escapism, or full-on adrenalin-fuelled fun, this is the ideal destination for a UK hen weekend.

We've put together this suggested itinerary to help you plan your hen weekend in Exeter.

Go to www.visitexeter.com for more ideas.

Day 1:

#### 9am

Start an adventure-fuelled day at Exeter Quayside. Head to Haven Banks Outdoor Education Centre; Saddles and Paddles or AS Watersports to hire a paddleboard or kayak, and test your balance as you travel down the river.





Day 1:

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#### 12noon

Enjoy a locally sourced lunch at The Oddfellows then take part in one of their West Country Gin masterclasses!

#### 4pm

Delve into immersive, narrative driven stories at Red House Mysteries escape rooms. You will have to try finding clues and solving puzzles so that you can escape!







#### 6pm

Take your pick for dinner. Why not go for local produce at one of the city's independents such as Rendezvous or Southernhay House (where you can also take part in a cocktail masterclass), or choose from a wide range of world foods in Princesshay or Queen St Dining.

#### 8pm

Head out on the town! Start at the Terrace for prosecco on the rooftop, then take your pick of Exeter's nightlife... from the pop-tastic Fever & Boutique or Unit 1, to underground live music at the Exeter Cavern, there is something for everyone!





### 9am

Start your day off with a hearty breakfast overlooking Exeter's beautiful Cathedral, at Tea on Green.

#### 11am

Enjoy a relaxing spa treatment at the Hotel Du Vin, or if you'd prefer to get active, head to Exeter Quayside and visit Clip n Climb to put your physical capabilities to the test, or hire a bicycle from Saddles and Paddles to explore the picturesque River Exe and Exe Estuary.





### 1pm

Make a stop at the Quayside for lunch. 'On the Waterfront's' dustbin-lid pizzas always go down a treat.

#### 2pm

Visit the Exeter Cookery School for a half day cookery course; 'Wine & Food Pairing' is a particular favourite!



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#### 6pm

Time for dinner in one of our fine eateries.

#### 8pm

Check out one of the many theatre productions Exeter has to offer – we have the Exeter Northcott Theatre; the Barnfield Theatre; the Cygnet Theatre; the Exeter Phoenix and the Exeter Corn Exchange to choose from!

For further Hen weekend inspiration go to: www.visit exeter.com/things-to-do/group-visits

